

Basics of Islam Course



Basics of Salah Lesson 5

Learning Objectives



1. Definition of salah
2. Pre conditions of salah
3. Pillars of salah
4. Obligations of salah
5. Sunnah elements of salah
6. What invalidates salah?

Regular Dua for Knowledge

“O my Lord! Increase
me in knowledge.”

[Quran 20:114]

CASE STUDY

Your friend is struggling to pray 5 times a day because too much is going on in their life.

What advice can you give them?

A suggestions to get you started:

Prayer has been mentioned over 70 times in the Qur'an

DEFINITION OF SALAH



- Linguistically means supplication and derived from the Arabic word meaning “connection.”
- Islam: an act of worship which consists of a specific set of speech and actions, begins with al-takbir (Allahu Akbar) and ends with al-taslim (Assalamu ‘Aleykum wa rahmatullah)

PRE -CONDITIONS OF SALAH (9)



PRE-CONDITIONS OF SALAH

Without these we cannot pray. Any guesses?

1. Must be a Muslim
2. Must be sane
3. Age of puberty
4. Performing of wudhu
5. Removal of impurities from body and place of prayer
6. Covering of the awrah (any area of the body that must be covered)
7. Within the prayer time
8. Facing the Qiblah
9. Intention



PILLARS OF SALAH (1 to 7)

Missing one of these (on purpose or mistake) makes the prayer invalid

1. Standing (if able)
2. Opening takbir (Allahu akbar)
3. Reciting Surah Al Fatihah (alternative for beginners until learnt)
4. Bowing
5. Standing straight up after bowing
6. Prostrating with seven body parts touching the ground
7. Rising from prostration



PILLARS OF SALAH (8 to 14)

8. Sitting between two prostrations
9. Tranquillity in all the actions
10. Performing these pillars in order
11. The final tashahhud
12. Sitting for the tashahhud
13. Sending salat (blessings) upon the Prophet (peace be upon him)
14. The two taslims to end prayer



WHAT HAPPENS IF YOU MISS A PILLAR?

If you remember before starting the next pillar:

1. Go back to the pillar you missed and fulfil it
2. Continue your prayer till the end
3. Then offer a prostration of forgetfulness after finishing the prayer. Page 269-270

WHAT HAPPENS IF YOU MISS A PILLAR?

Scenario: Isha prayer. At end of 2nd unit you didn't sit for tashahud and got straight up for 3rd unit but didn't fully get into the standing position. What to do?

1. Sit back down and read tashahud
2. Continue your prayer till the end
3. Then offer a prostration of forgetfulness after finishing the prayer.

WHAT HAPPENS IF YOU MISS A PILLAR?

If you remember after starting the next pillar or even after you finished the prayer:

1. The unit in which the pillar was missed is void.
2. So an extra unit needs to be made up to compensate for the void unit.
3. Then offer a prostration of forgetfulness after finishing the prayer.

WHAT HAPPENS IF YOU MISS A PILLAR?

Scenario: After praying Isha you remembered that for one of the units you missed a pillar.
What to do?

1. Stand up and pray one unit of prayer.
2. Then offer a prostration of forgetfulness after finishing the prayer.

OBLIGATIONS OF SALAH (8)



OBLIGATIONS OF SALAH (8)

Missing one of these (on purpose, not by mistake) makes the prayer invalid

1. All of the takbirs (except the opening takbir)
2. During bowing to say - subhana Rabbiyal adheem
3. When rising from bowing to say - sami Allahu liman hamidah
4. Then to say - Rabbana wa lakal hamd
5. During prostration to say - subhana Rabbiyal ala
6. Between two prostrations to say - Rabbigh fir lee
7. The first tashahhud
8. And sitting down for number 7



MISSING OUT AN OBLIGATION

What are you supposed to do if you miss one of the 7 obligations we just mentioned?

After your prayer is finished, perform a prostration of forgetfulness. Page 269-270

SUNNAH ELEMENTS OF SALAH



- There are many **SUNNAH ELEMENTS** and they consist of verbal and physical elements.
- Leaving off any sunnah does not invalidate your prayer nor do you have to perform a prostration of forgetfulness, however one should strive for perfection in their salah

Verbal sunan - The opening dua, seeking refuge in Allah from the shaytan, saying the basmalah, saying Amin, saying the tasbihaat more than once, dua after tashahud etc

Physical sunan - Such as raising of the hands (raf'ul yadayn), Placing your right hand over your left, looking at the place of prostration, placing your hands on your knees in ruku', placing a barrier in front of you (sutrah) etc

WHAT INVALIDATES SALAH?



ANY GUESSES WHAT INVALIDATES SALAH?

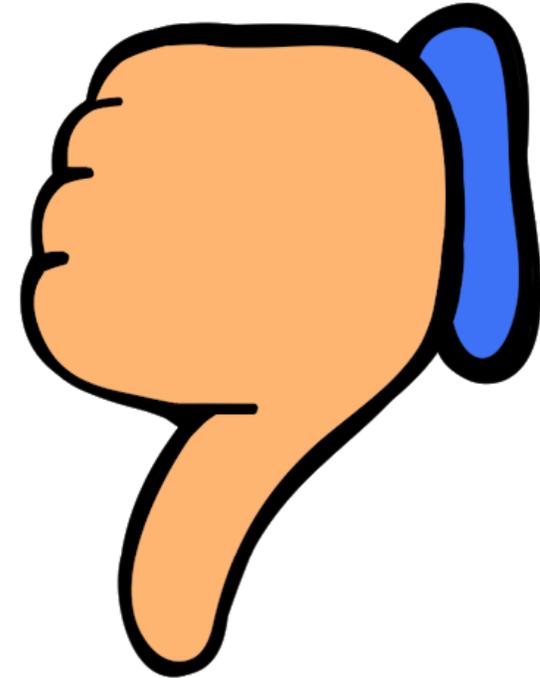
1. Speaking on purpose
2. Laughing
3. Eating
4. Drinking
5. Awrah becomes exposed
6. A significant turning from the Qiblah direction
7. Lots of movement
8. Breaking wudhu



DISLIKED ACTIONS DURING SALAH

There are many but we will mention some of the common ones:

1. Moving your head around or looking elsewhere
2. To pray when you need the toilet or when food is served
3. Touching beard or items of clothing



FURTHER READING

For further reading on
Salah refer to pages
236 - 275 in

*'Explanations of
Important Lessons for
Every Muslim'*

